

TACKLING AND DENYING POSSESSION

OX

XO (player with ball)

X D

OX

XO (player with ball)

Players work in groups of 6;

Square as above with 1 player at each corner; attacker and defender work inside the square; Two of the for players on the corners have a football;

- **Attacker tries to get free from defender and make himself available for pass;**
- **He can't pass ball back to player that gave the pass; then looks for second ball;**
- **Defender tries to deny possession all the time;**
- **Players work for 30 seconds then rotate with players on the corners.**